

State of Washington]
] ss.
County of King]

OLEMARA PETERS being duly sworn deposes and says:

1. My name is Olemara Peters. My address is PO Box 222, Redmond, Washington.
2. from 1979 to 1986 I lived at 1250 Taylor Avenue North, Seattle - 9 blocks from the nearest of Queen Anne Hill's 3 broadcast towers.
3. There I suffered from insomnia, loss of focus and concentration, musculoskeletal aches (especially in bed), an increase in neck pains and headaches (increased need for chiropractic care, due to musculoskeletal destabilization).
4. Those discomforts were reduced (noticeably, but not sufficiently) when I slept with 3 walls between me and the broadcast facilities – that is, on the bathroom floor.
5. It has since been confirmed, with RF meters, that that bathroom is indeed the lowest-electrosmog place in that apartment.
6. While I was living there, a music group I played with sometimes practiced at my place.
7. Although all were usually-competent musicians, we found that in that location people would lose their rhythm-sense after 10 minutes.
8. They would recover that sense, if we stopped for a few minutes of brain-hemispheres integration activities (specific movements and acu-touch) – but would fall apart again after 10 minutes, if we stayed in the front room in direct line-of-sight of the broadcast facilities.
9. If we moved into the hallway, we'd still fall apart again, but after ½ hour, rather than 10 minutes.
10. That space, like the bathroom, had 3 walls between us and the towers; but it was cramped for 3-4 people playing music, so we were always weighing the costs/benefits and getting to learn them over again.

11. All my discomforts (listed in 3. above) disappeared in most other locations, including Redmond, WA. So,
12. in 1986 I moved from Queen Anne Hill (Seattle) to Redmond -- a huge relief.
13. During those years in Seattle, I began by shopping at the Central Coop -- but I experienced time and again that food purchased there (no matter how organically-grown) gave me an immediate headache, hayfever, and additional musculoskeletal aches and pains.
14. The Central Coop was located within 2 blocks of the Capitol Hill broadcast towers.
15. The recurring food-triggered problem stopped, when I shopped instead at Puget Consumers Coop (PCC) -- none of whose locations were so electropolluted. But,
16. I've since likewise learned-the-hard-way to avoid some categories of food in PCC's new Redmond store (which has 2 celltowers within a block).
17. In 1987-88 I made several visits to my sister's family, who were living at 2975 Jackson St. (Pacific Heights), San Francisco, California.
18. There I suffered again from insomnia, and from worse-than-before musculoskeletal aches within an hour after going to bed (most noticeable in whatever joints were weightbearing on the bed, e.g. shoulder, hip, and knee), and a sharp resumption of neck pains etc., headaches, musculoskeletal destabilization calling for chiropractic care oftener than possible (daily would have been good).
19. Two other family members were having similar trouble.
20. We found we could mitigate/postpone the discomfort by adding bedpadding layers of natural-fiber, non-flame-retarded materials -- but after 3 hours the aches were back.
21. We realized that the only 2 people who weren't having this trouble were sleeping in rooms out of line of sight of Sutro Tower (major broadcast tower -- 3 miles away, but probably higher wattage than the ones in Seattle).
22. During one of those visits, I'd gotten cat-clawed (at a friend's house) at base of middle finger -- soon forgotten, dry and healing well. But,

23. After 3 days, suddenly (when I'd dressed up to go visiting, and was sitting in a window-seat waiting for the others to get ready) the scratch turned hot and wet, with a red line traveling up my finger.
24. I followed that finger's acu-meridian to its associated neurovascular point on my head -- bother, right where I'd put my barrette.
25. I moved the barrette 2 inches -- and the finger didn't require further attention (it cooled off and dried again in a few minutes). The silver barrette apparently had been focusing the RF to the neurovascular point.
26. Learning from this and countless other related experiences, I've come to find it much simpler to quit wearing jewelry and other metal altogether -- and have encountered many subsequent reasons to think I wouldn't have to, if not for the ever-thickening soup of electrosmog.
27. My moving to Redmond in 1986 was a huge relief -- until May 18 1999, when Puget Sound Energy (PSE) installed the first of their wireless "Smart Meters" on my house.
28. From the first night after that installation, I was back to insomnia -- not as complete as at Queen Anne Hill, but approximately 3 hours a night, ever since that date -- and back to a degree of musculoskeletal destabilization.
29. I've applied countless bioenergetic mitigations regarding these PSE transmitters, and succeeded in reducing frequency of disalignments and headaches; but nothing has ever restored my sleep, at this location, for more than a few days at a time.
30. PSE has so far refused to remove, shut down, shield, or otherwise-mitigate the 2 "Smart Meters" they put on my house.
31. July 24 1999, first night at a conference in Victoria, BC, at 1am I was on my way to bed, and suddenly had an anaphylactic reaction -- lips, cheeks, tongue, progressing toward my throat.
32. The immediate trigger was putting lanolin on my lips -- though I'd never had an anaphylactic reaction to anything before, never had any trouble with lanolin before, and this was the same jar of it I'd been using already for 2 years.
33. My conference roommate and I used our combined several bioenergetic-monitoring disciplines in a hurry to check for me, we identified mitigations (such as nutrients and flower essences) and got the situation backed off before it reached my throat; but

34. We found that (in order to identify the mitigations) we had to first identify a source of electropollution -- on the roof of the conference center where we were staying. (The roof was the 17th floor -- we were on the 15th).
35. At first daylight, I went outside the place to look, and yes the roof was covered in whip-antennas, plus several cell-arrays of panel antennas -- a perfect setup to cause “nodes”/“hot spots” of synergistic frequencies.
36. I moved down to the 3rd floor, and found somewhat less need for mitigation, but still too much.
37. Next day I moved to another hotel 1/2 block away, found still less mitigation needed, I could almost give reasonable attention to being at the conference...But,
38. One thing that whole situation taught me was that, if electrosmog can suddenly turn one previously-harmless-and-helpful substance into a violent allergen, for one person, it would be able to do the same with however-many other substances (probably each involving specific wavelengths), for however-many other people -- and possibly is doing so (if anyone were to examine the rising incidence of asthma, congestive heart conditions, food-allergies and other allergies, etc., vis-a-vis the unbridled promotion --> propagation of radiofrequency-emissions sources, overlapping wavelengths, and “nodes”).
39. May 4 2001, at the US-Canada border station at Sumas, BC (headed north to Harrison Hot Springs for the weekend) my niece and I were getting back into the car, I seemed to’ve bruised? my finger on the car door handle (though hadn’t grasped it any more roughly than usual).
40. By the time we were fastening seatbelts, the finger was so hot and angry I stopped to look at it. It was a very weird color for a bruise, and furiously internally-itchy, and had come on much too quickly for a bruise.
41. My niece corroborated: “Your finger is green!”
42. We looked around, and there was a celltower, maybe 200’ from us. (I don’t know what less-visible emissions-sources there may have been also, contributing to a “node.”)
43. We left promptly. The green inflammation in my finger subsided after a few days.
44. I’ve had a number of other similar incidents since (with immediate furiously-itchy internal green or black “bruises,” with no physical blow involved)—most often around handling metal, and always in locations where nearby RF emissions-sources are either

obvious or likely.

45. I notice that these anaphylactic responses began only after (nine weeks after) PSE installed their transmitters (“Smart Meters”) on my house. While these aren’t the first sleep-impairing electrosmogs I’ve been exposed to, their frequencies – or-and the pattern of their every-few-minutes transmission spikes – may have a different effect on my system’s ability to rest and recover immune balance – thus, cause an impairment that then synergizes with other electropollution exposures.

46. At the end of my niece’s visit, I was seeing her off at Sea-Tac Airport. As we were walking to her concourse and gate, she suddenly felt very ill (nausea and headache).

47. Our bioenergetic monitoring brought our attention to her suitcase’s telescoping steel handle as an antenna of the assorted RF/EMF frequencies in the building.

48. We applied (regarding that antenna) what mitigations we had on hand, and she recovered within a few minutes.

49. Sometimes, sitting in class/lecture/other audience-situations, I’ve found myself sinking in a headache, itching eyes and other hayfever symptoms, drowsiness and hot flashes -- and then a seatmate’s cellphone rings. If the person leaves the room with the cellphone, or I find/negotiate a place to sit where nobody nearby is carrying a cellphone, I’m soon relieved of the symptoms and able to pay clear attention again.

50. I haven’t yet delved into which kinds of cellphones are having this extreme effect even in passive mode. Clearly it isn’t all cellphones (or I’d never be able to go anywhere at all); apparently some phones’ emissions are already a little more biocompatible than others’, so it would obviously be possible to design for that. (The law needs to protect humans and ecosystem from cumulative long-term effects, as well as extreme immediate effects; both can serve as good canary-in-the-coal-mine forewarning – a tool for biocompatible design.)

51. Actually using any cellphone or cordless phone, even for a minute, also gives me a headache, and interferes with my musculoskeletal alignment (causes need for prompt chiropractic or other related work).

52. In April 2007 I was visiting a friend whose cat had been diagnosed with feline diabetes and needed daily insulin shots.

53. While we were conversing (and the cat was asleep in another room), my friend unplugged her cordless phone.

54. Half an hour later, the cat woke and joined us. She went straight to the now-

empty phone jack and AC socket, sniffed all around them in fine detail, then did the same with the disconnected phone-plug and AC adapter, then went to her sunny-spot and stretched out on her side in a position of utmost relaxation and sense-of-safety.

55. Both of us saw all of this sequence.

56. My friend has since reported that, for about a year after that, the cat stopped needing insulin, and then resumed needing it but only intermittently.

57. An office I know on Bainbridge Island, Wa., has a fine big flowering cherry tree in front.

58. A place across the street allowed a celltower to be built on its property.

59. The cherry tree stopped blooming, from then on. After some years, bioenergetic mitigations were added to the office building. The tree resumed blooming, only on the side toward the building (away from the celltower). In April 2008, after further mitigations were added, the whole tree resumed blooming. I didn't witness the initial years of total quit-blooming; I have seen the last two stages: tree blooming only on its away-from-celltower side, within the field of the initial mitigations -- then in 2008 recovering full bloom.

60. The infant of some friends of mine, born April 2007, was suffering from an unyielding case of thrush; it ended within 4 days after they disconnected their cordless phone.

61. These are a few of the reasons I feel it is necessary
-- for wireless-emissions regulation (broadcast, telecommunications, utility, and other applications) to be thoroughly based on criteria of safety and health (for humans, other species, and the biosphere) -- criteria of both
-- the most stringent of current science, and
-- precautionary wisdom (which I think will lead to fiber-optic rather than wireless, as the basis of national high-speed internet coverage),
-- for any national RF/EMF emissions standard to be a floor, not a ceiling,
-- for restoration of state and local governments' authority to include these criteria in siting-decisions, to whatever extent we-the-people of each community choose,
-- for all wireless-emitting installations to be required to be in plain sight, clearly identifiable, marked with clear signage as to wattage, frequencies, lobe pattern, etc., and
-- for maps of all such sites (including that same emissions-information) to be kept available to the public.

62. I believe such regulation will restore the market process (through an educated

public) to provide industry the room and incentive to design communications technology to be biocompatible -- instead of industry being forced into a continual race to the bottom, through the current mis-structured law.

63. I am greatly concerned for my and others' and the biosphere's health and safety -- as well as for the public's education and awareness, and for science's ability to proceed with necessary observations -- if wireless broadband is expanded so that its emissions permeate everyplace and there are no electropeaceful areas left as refuge and as baseline for comparison.

64. I, the undersigned, delegate the EMR Institute to advocate for me in this matter, vis-a-vis the FCC's proceeding to develop policy about nationwide high-speed internet service -- FCC GN Docket No. 09-51 A National Broadband Plan for Our Future.

Olemara Peters

Sworn to before me

This _____ day of June, 2009

Notary Public